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2. GET STARTED | Polar FT7 User Manual | English The heart rate monitor records and displays your heart rate and other data during training. The Polar H1 heart rate sensor transmits the heart rate signal to the heart rate monitor. The heart rate sensor consists of a connector (A) and strap (B). For the latest version of this user manual and video. Polar FT7 2. GET STARTED Get to Know Your Polar FT7 Training Computer Training computer records and displays your heart rate and other data during training. WearLinkÂ®+ transmitter transmits the heart rate signal to the. POLAR ELECTRO FT7 USER MANUAL Pdf Download. View and Download Polar Electro FT7 user manual online. FT7 Heart Rate Monitor pdf manual download.

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